



**PROOF OF ENROLLMENT FOR ALCOHOL AWARENESS
EDUCATION DWI/DUI/OWI**

American Integrity Courses, LLC
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PROOF OF ENROLLMENT FOR: JOHN DOE

COURT ORDERED CLASS: Anger Management Course 52 Hrs

ENROLLMENT DATE: January 1, 1999 ENROLLMENT# 12345678910

THIS PROOF OF ENROLLMENT LETTER verifies that the above mentioned student has enrolled in a **ANGER MANAGEMENT COURSE 52 Hrs** offered by American Integrity Courses, LLC

American Integrity Courses' court ordered classes are nationally recognized by *State & Local* Family Courts as professional self-improvement and self-development programs. Our courses are developed by our in-house health psychologist who has an advanced degree certificate in health psychology. Her specialization is health and wellness education which is based on motivational interviewing, appreciative inquiry, positive reinforcement testing, praising (self-esteem development) and the stages of change philosophy. Medical information is provided by our in-house registered nurse, BSN.

All course information strictly adheres to guidelines provided by the American Psychological Association, the US Department of Health & Human Services, the US Department of Justice on Domestic Violence and Office of Violence Against Women, Women's Health.gov, the Substance Mental Health Services Administration, the US Department of Transportation and Health & Human Services Alcohol Related Traffic Deaths. The goal of our courses is to motivate change through the practice of self-awareness and the development of self-control over thoughts and actions resulting in increased self-efficacy (self-empowerment). Our courses are designed to motivate behavior change by positive reinforcement, appreciative inquiry and praising in order to activate cognitive dissonance resulting in increased self-awareness of behaviors and actions that serve the health and well-being of self and others. Please feel free to call us if you have questions about our courses or course material.

Enrollment forms, progress reports and completion documents follow the established guidelines by U.S. court systems. For the benefit of our clients, proof of enrollment, progress reports, achievement certificates and completion status can be obtained by calling or emailing our company directly.

THE FORMAT OF THIS COURSE FOLLOWS THESE GUIDELINES:

Lesson Reading Material- The course contains visual captioned reading material. To monitor attendance and progress, a comprehensive report is generated upon completion of the course.

Workbook, Self-Awareness Assessments and Activities- Workbooks contain positive reinforcement questions, self-report assessments and self-development activities to create awareness of current behaviors in order to build the groundwork for attitude change and self-initiated behavior modification.

Course Activities and Role Play Exercises- Course relevant activities and role play exercises help the student relate to the information on a personal level applying course concepts to personal experiences.

External Resources- Students are encouraged to email our in-staff health psychologist or our in-house registered nurse, BSN with questions or comments regarding any course material.

Final Assignments- All courses contain final assignment goals designed to summarize key points, encourage and motivate long term attitude change and behavior modification.

Final Exam- Final exam questions must be answered correctly after each section in order for the student to proceed through the course. Questions answered incorrectly or unanswered questions redirect the student back to the question until the question is answered correctly. Questions are designed to motivate behavior change and encourage health and wellness behaviors.

Respectfully,

Valerie Joglar, M.A.

Valerie Joglar, M.A.
Health Psychologist/Program Developer
Health and Wellness Coach

Gisela Bryant, RN, BSN

Gisela Bryant, RN,BSN
Registered Nurse/Program Director
Health and Wellness Educator